

## **HIV & AIDS Students Peer Educators Training**

### **DESCRIPTION OF THE TRAINING**

Peer Education is a behavior change communication process that involves carrying out mostly informal or organized educational activities with individuals or small groups of peers over a period of time, in a variety of settings through many different activities.

Peer educators are non-professional teachers talking to, working with, and motivating their peers. Through the training we create a pool of peers with skills adequate for sustaining conversations directed towards opening up on sexual reproductive health topics.

### **OBJECTIVES**

The main objectives of the training included enabling the trainees to have among other things:

- a. To Have a high risk perception
- b. To Know their HIV Status
- c. To Protect themselves from HIV and other STIs
- d. To Have improved maternal and child health
- e. To encourage mentorship usually under the (Ubuntu spirit)
- f. Learn, enhance and adopt leadership values and making informed choices.
- g. To enhance peer to peers interactions / to encourage one on one and small groups interactions among the SEALs/ peers



*picture 1 the trained peer educators, staff and facilitators during the first day of the training (opening ceremony)*

**Appendix 3: Pix speak**



***Mr. Peter Mitenga an ICL officer, taking the trainees through a session on the value of one's reproductive organs.***



*Peers educators doing condom demonstration and condom water filling to illustrate the elasticity of the condom*





*Group discussions*



*Administrative address to peers*



*facilitation during training*



***Presentations during training***



***Games, energizers and light moments during training***